#### QUEST HOCKEY SPRING TACTICAL DEVELOPMENT PROGRAM

This will be our third year running this program, which focuses on tactical skill development. Players will learn the X's and O's of hockey that we observe many players lack proficiency in. Intra-squad scrimmages and small area games will be utilized to teach and develop tactical skills. The team, which will be limited to 20 skaters and 2 goalies, will be comprised of A Major and AA skill level players.

### **Spring Tactical Development Program:**

- Includes 8, 50 minute full-ice practices
- Quest Hockey Apparel included Dangler Zip-Up Hoodie, Snapback Hat, Shorts and Breakaway T-Shirt [\$155 Retail Value]
- Reversible Quest Hockey Jersey [\$30 Retail Value]
- NO GAMES We will not play any games. Any and all competition will be intra-squad. Because
  it's spring hockey, we believe the player's time will be best served learning and developing on the
  ice with us.

Player Cost: \$400Goalie Cost: \$225

#### Offensive Focus:

- Finding the Soft Spot/Mirroring the Puck
- Creating Speed Behind the Puck
- Supporting the Puck and Switching Lanes
- Specific situations: 2v1, 3v1, 3v2, 1v1
- Forechecking/Pursuing the Puck
- Checking/Battling/Angling

#### **Defensive Focus:**

- Defensive Zone Positioning
- Breakout and Regroup Strategy
- Shooting from the Point
- Specific situations: 2v1, 3v1, 3v2, 1v1
- Transitioning with the puck

Please note the focus of this program will be on tactical development, not skill development. For skill development, check out our <u>battle & checking camps</u>, <u>power skating program</u> or <u>scoring and stick skills program</u>.

To ensure your player's participation, please **<u>REGISTER YOUR PLAYER HERE</u>** ASAP and send a check made payable to Quest Hockey to:

Quest Hockey 3021 Texas Ave Pittsburgh, PA 15216

We are excited about the opportunity to contribute to the development of your player. Please let us know if you have any questions as we'd be happy to help!

# SQUIRT SCHEDULE

Wed Apr 8	6:00pm – 6:50pm	⊕ Squirt Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🐯 🗵
Wed Apr 15	6:00pm – 6:50pm	⊕ Squirt Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖾 🗵
Wed Apr 29	6:00pm – 6:50pm	⊕ Squirt Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖾 🗵
Wed May 6	6:00pm – 6:50pm	⊕ Squirt Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖾 🗵
Wed May 13	6:00pm – 6:50pm	⊕ Squirt Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖾 🗵
Thu May 14	6:00pm – 6:50pm	⊕ Squirt Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖾 🗵
Thu May 21	6:00pm – 6:50pm	⊕ Squirt Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖾 🗵
Wed May 27	6:00pm – 6:50pm	⊕ Squirt Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖾 🗵

# PEEWEE SCHEDULE

Wed Apr 8	7:00pm – 7:50pm	⊕ Peewee Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States to ⊠
Wed Apr 22	6:00pm – 6:50pm	⊕ Peewee Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States ゼ છ
Wed Apr 29	7:00pm – 7:50pm	⊕ Peewee Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States ゼ છ
Thu May 7	6:00pm – 6:50pm	⊕ Peewee Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States to □
Wed May 13	7:00pm – 7:50pm	⊕ Peewee Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States ゼ છ
Wed May 20	6:00pm – 6:50pm	⊕ Peewee Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States ゼ છ
Thu May 21	7:00pm – 7:50pm	⊕ Peewee Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States ゼ છ
Thu May 28	6:00pm – 6:50pm	⊕ Peewee Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States ত 🗷

### **BANTAM SCHEDULE**

Wed Apr 15	7:00pm – 7:50pm	🖽 Bantam Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 💆 📮
Wed Apr 22	7:00pm – 7:50pm	⊕ Bantam Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖸 🗵
Wed May 6	7:00pm – 7:50pm	⊕ Bantam Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States to ⊠
Thu May 7	7:00pm – 7:50pm	🕀 Bantam Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 💆 📮
Thu May 14	7:00pm – 7:50pm	⊕ Bantam Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖸 🗵
Wed May 20	7:00pm – 7:50pm	⊕ Bantam Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 💆 🗵
Wed May 27	7:00pm – 7:50pm	🕀 Bantam Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 💆 💷
Thu May 28	7:00pm – 7:50pm	⊕ Bantam Spring Team - Bladerunners Ice Complex - Bethel Park, 305 Church Rd, Bethel Park, PA 15102, United States 🖸 🗵